

■ Self-protective measures in times of COVID-19 pandemic.

Online survey

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Dear friends,

we are together in these difficult times. Please help us understand self-protective behavior by filling in this questionnaire.

The aim of the study is to determine which factors influence the behavior of people in the times of pandemic. This research is a part of the COVID-19 research at the University of Maribor.

Be so kind and answer as sincerely as possible. Your anonymity is guaranteed.
The participation will take you approximately 5-6 minutes.

Note: By pressing the button below, you agree to participate in the survey. You can quit the survey at any time.

For all your questions, please contact us at anze.mihelic@um.si.

Best wishes!

Research Team from the University of Maribor



For a better mobile experience, please turn your phone horizontally.

Do you personally know anyone who got infected with COVID-19?	Yes	No	Rather not say.
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I think recommended protective instructions given by government and health institutions are:

Harmful	1	2	3	4	5	Beneficial
Undesirable	1	2	3	4	5	Desirable
Bad	1	2	3	4	5	Good
Restrictive	1	2	3	4	5	Unrestrictive
Unfavorable	1	2	3	4	5	Favorable
Unfair	1	2	3	4	5	Fair
Irrational	1	2	3	4	5	Rational
Unnecessary	1	2	3	4	5	Necessary

	Strongly disagree	Disagree	Neutral	Agree	Strongly agree
I am following the instructions regarding self-protective actions given by medical professionals.	1	2	3	4	5
I am following the instructions regarding self-protective actions given by the authorities.	1	2	3	4	5
I am following the instructions regarding self-protective actions given by international medical and health organisations.	1	2	3	4	5

	Strongly disagree	Disagree	Neutral	Agree	Strongly agree
There is a high chance of me getting COVID-19.	1	2	3	4	5
Getting COVID-19 is currently a high possibility for me.	1	2	3	4	5
I feel vulnerable to COVID-19.	1	2	3	4	5

	Strongly disagree	Disagree	Neutral	Agree	Strongly agree
Complications from COVID-19 are serious.	1	2	3	4	5
If a person gets a COVID-19, he/she could get very sick.	1	2	3	4	5
COVID-19 is a dangerous disease.	1	2	3	4	5

	Strongly disagree	Disagree	Neutral	Agree	Strongly agree
I feel confident in my ability to protect myself from COVID-19.	1	2	3	4	5
It is not difficult to protect myself from COVID-19.	1	2	3	4	5
Protecting myself from COVID-19 is easy for me.	1	2	3	4	5

	Strongly disagree	Disagree	Neutral	Agree	Strongly agree
Self-protective actions are a good way of reducing the risk of me getting COVID-19.	1	2	3	4	5
If I were to take self-protective actions, my chances of getting COVID-19 would be lower.	1	2	3	4	5
The self-protective actions are an efficient way of reducing my vulnerability to COVID-19.	1	2	3	4	5

How ashamed would you be if you were to be caught violating the COVID-19 protective instructions and appear on:

	Not ashamed at all	Slightly ashamed	Somewhat ashamed	Very ashamed	Extremely ashamed
Social networks.	1	2	3	4	5
TV.	1	2	3	4	5
Other mass media.	1	2	3	4	5

	Strongly disagree	Disagree	Neutral	Agree	Strongly agree
Other people are very likely to shame me if I would violate protective instructions.	1	2	3	4	5
There is a high possibility that I would be condemned by other people, if I would violate protective instructions.	1	2	3	4	5
If I would violate protective instructions there are high odds that I would be reported to the authorities by other people.	1	2	3	4	5

If I were to be caught by the authorities violating the COVID-19 protective instructions:

	Strongly disagree	Disagree	Neutral	Agree	Strongly agree
It would be a serious problem for me.	1	2	3	4	5
I would receive a severe penalty.	1	2	3	4	5
It would make my life difficult.	1	2	3	4	5

If I were to violate the COVID-19 protective instructions:

	Strongly disagree	Disagree	Neutral	Agree	Strongly agree
There are high odds that I would be detected by the authorities.	1	2	3	4	5
I am very likely to be punished by the authorities.	1	2	3	4	5
It is certain that I would be caught by the authorities.	1	2	3	4	5

Please enter your current age (in years): _____

Which gender do you identify with? 1 Male
2 Female
3 Other

Where do you mostly live? 1 Rural area
2 Small town
3 Suburb near large city
4 Large city

Status (circle the number): 1 Pupil / Student
2 Employed
3 Unemployed
4 Self-employed
5 Retired
6 Other

Education (circle the number): 1 Primary school
2 High school
3 Bachelor's degree
4 Master of Science
5 PhD

■ You have answered all the questions. **We sincerely thank you for your participation.**